

## Coaching with the Profile

We will use the worksheet below for a coaching activity. Identify someone you would like to enhance your relationship with. This will be shared with another participant so you can each practice coaching with the Everything DiSC Workplace® Profile.

### Reflection on a difficult person:

Difficult person: \_\_\_\_\_

Using People-Reading, what is likely this person's DiSC style?

What challenges do you have when working with this person?

What are the implications to your relationship?

*A Coaching Guide, which you may find helpful during the coaching session, can be found in the Appendix*